

Friday	Shows	Free	Pole 1	Pole 2	Pole 3	Non Pole	Non Pole 2
9	Welcome						
930	Pole Masters	Bollywood Dance with Ziva	Nicole the Pole, Handspring, Iron X & Phoenix Whisperer (Int-Adv)	Alethea Austin, Showgirl Skills (Int)	Heidi Coker, Interesting Combos (Int-Adv)	Apollo Sa'Deek, Ghetto Stiletto (All Levels)	Kinky Sweat, FLEX HAUS: Back + Shoulders (All Levels)
10		Pole Safe Seminar (Stacey from XPole)					
1030		Nutrition with Starr					
11	Pole Comedy	Partner Acro with Erika					
1130							
12	lunch	lunch	Sammy Piccone, Five Element Spin Pole (All Levels)	Carly Child, Dynamic Static Sh*t (All Levels)	Brian Wolf, Xplosive Exotic Pole (Int-Adv)	Carmine Black, Make it Rain (All Levels)	AcroPT, Shoulder Savior (All Levels)
1230							
1	Contemporary/Artistic	Boot Camp with Jax	Jordan Kensley, Basework (All Levels)	Jenyne Butterfly, Grace in Transitions POLE (Int-Adv)	Isis Diamond, Coaches Eye (All Levels)	Sarah Jade, Here we Roll Again (All Levels)	Phoenix Kazree, Strictly Dance (All Levels)
130		Blend Eyeshadow like a Pro (Kinky Sweat)					
2							
230	Low Flow	Keren High Achieving	Nicole the Pole, Inversions University (Int)	Marlo Fiskien, Signature Moves (Int-Adv)	Yumiko Harris, Flips and Tricks, (All Levels)	Vertical Joes, 99 Ways to Twerk (All Levels)	Acro PT, Back Bliss (All Levels)
3		The Temptress Master class					
330							
4	Men of Pole	Social Media Marketing: The Diva Speak	Amy Henderson, I Want Alligator (Adv)	Karol Helms, Karol's Signature OG Tricks (Int-Adv)	Michelle Natoli, Spread 'Em (Int)	Pony Poison, Erotic Dance Fundamental (All Levels)	Brittnai Pytlar, Release the Kraken (Beg-Int)
430		Building a Pole Routine with Katie					
5	Queer Pole	All Star Stripper Panel	Samantha Star, Fonjis for LIFE (Int-Adv)	Natasha Wang, Splitties, Spreadies and Threadies (Int-Adv)	Ken Kao, Easy Can Look Hard (int)	Pink Puma, Bendability (All Levels)	Pole Comedian, Clowning Around (All Levels)
530							
6							
630	Stage BREAK						
7							
730	Doors						
8							
830	BGP (830pm-10:30pm)						

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\*NOTE: some workshops are a level range such as Intermediate-Advanced. Please read full descriptions in the schedule.

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9	Para Pole	Liquid Motion Teaser	Crystal Belcher, Magic in the Mistakes (Int)	Natasha Wang, Let's Get Dizzy Signature Spins and Combos (Int-Adv)	Zoraya Judd, Everything Handspring (Int-Adv)	Ms Vegas, Bridges and Hoes (All Levels)	Nadia Sharif, Floor Magic (All Levels)
930	Troupes and Groups	Injury Prevention					
10		Hashtag: You're It					
1030		Pole Tarot					
11	Hold	Roz the Diva, Inverting 101 (All Levels)	Jenyne Butterfly, Professionally Polished POLE (Adv)	Isis Diamond, Flexibility and Conditioning (Int)	Ashley Fox, Bendy and Flexy (All Levels)	Acro PT, Hips Don't Lie (All Levels)	
1130							
12	lunch	lunch	Brian Wolf, Hell on Heels (All Levels)	Phoenix Kazree, Welcome to Splitsville (Beg-Int)	Marlo Fisker, Pole Flow® (All Levels)	Estefania Jjimenez, Mesmerizing Legs (All Levels)	Flexibility Script, Recover (All Levels)
1230							
1							
130	Up and Coming	Stage Presence: Commanding vs. Demanding Attention with Zhyandia	Elizabeth Carmine Black, Exotic Swag (All Levels)	Ken Kao, Pole-kour: Bails, Tricks, and Jumps (Int-Adv)	Leesi L'Ru, NEW Moves 2019 FabPole Workshop (Int-Adv)	Samantha Star, INVERTable (All Levels)	Mary Caryl, Splitastic Session (All Levels)
2		Confident with Joy					
230							
	Youth	Wokeshop with Mone't	Josiah Grant, Snake-Xotic Pole Choreo (All Levels)	Lindsay Lithe, Spin Pole Flare (All Levels)	Leah Franklin, Two Girls One Cup (grip) (Int-Adv)	Michula "Mikey" Nunez, Acro Chair (Int)	Jordan Kensley, Succubus Training: Lapdance (All Levels)
3		Floor with Jena					
330							
4	Dangerous Curves	Zippora: Drip	Nadia Sharif, Drops (Int-Adv)	Shay Williamson, Shay's Signature Shaypes, (Adv)	Anna Kia, Flips, Kips, & Drop Splits (Adv)	Nia Burks, Unf*ck Yourself (All Levels)	Lara Michaels, Bendy a\$\$ B*tch - The Floor Edition (All Levels)
430							
5	PowerFlow	Queer Panel	Heidi Coker, Pole'tastic Gymnastics (Int-Adv)	Bentley Rebel, Flowology Low Flow (All Levels)	Jeni Janover of Liquid Motion, Face Down Ass Up (Int)	Heather Williams, Essence(tial) (All Levels)	Rafaela Montanaro, Rafa Old School: Acrobatics and Handstands (All Levels)
530							
6							
630	Creepy						
7							
730							

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Sunday	Show	Free	Pole 1	Pole 2	Pole 3	Non Pole	Non Pole 2	
9	Breakfast	Dark Matter	Ashley Fox, Signature Tricks and Combos (All Levels)	Stella Fink, Fluid Static Rotations (Beg-Int)	Josiah Grant, Tricks, Drops, Flips and Pole Combos Clinic (Int-Adv)	Neesheta, Sultry™ created by Neesheta (All Levels)	Estee Zakar, Beyond Balance (All Levels)	
930	Hall of Fame Games	Mini Mood Movement						
10								
1030	(1045am Lyra)	Race Panel	Gemma Lux, Show Girl Shag (Int)	Carmine Black, Flow Work (Low Flow Elements) (All Levels)	Anna Kia, FLEX-ception (All Levels)	Jeni Janover of Liquid Motion, Flares, Flops, and Money Shots (All Levels)	Acro PT, Fix Your Wrists (All Levels)	
11								
1130								
12								
1230			Nadia Sharif, Spins on Static (All Levels)	Pink Puma, Pole Dance II (Int-Adv)	Marlo Fiskens, Pole Flow® Rotations: the Art of Aerial Spinning on a Static Pole (Int-Adv)	Archer, H2O (All Levels) *starts at 1215pm/ends 145pm	Sarah Jade, SLINK, Straddle, and Roll (All Levels)	
1								
130			Workshops end at 1:30pm					

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